

Young Adult Carers Service

Young Adult Carers (YAC) Support Volunteer Task Description

Main Location:

The Gateway, North Methven Street, Perth. Activities and sessions will also take place off-site on an as and when basis.

YAC Service:

- Supports carers to transition from young carers to adult carers service;
- Enables young people with caring responsibilities to be *young people first* through a variety of respite activities, practical support and issue based group work;
- Supports carers to have a voice and raise awareness of issues they face.

Client Group: Young people aged 16-25 who have caring responsibilities for their families.

Main duties and responsibilities:

- Communicate effectively with carers and to build meaningful working relationships;
- Consult with carers regarding their aims to meet their individual and group needs;
- Provide emotional support and encouragement to carers in group setting;
- Help promote the service;
- Support carers to access the service;
- Take an active role in supporting the services' current and future aims and objectives;
- Help to organise activities and resources;
- Participate in monitoring, evaluating and developing the service;
- Report issues and concerns to supervisor.

Skills and Attributes:

- The ability to work well as part of a team
- Reliable
- Flexible
- A sense of humour
- Strong listening and communication skills
- Respectful and sensitive to the needs of others

Commitment:

We would ask that volunteers make a commitment towards:

- Working towards the aims and objectives of the service.
- Informing us if unable to attend a session.
- Working within PKAVS' policy and procedures on confidentiality, health and safety etc.
- Report any concerns they have to supervisor.
- Be willing to work in a flexible manner to meet the needs of the carers

Support and Accountability:

Volunteers will be supervised by the YAC Worker who leads delivery of the service. Volunteers will have the opportunity to discuss their personal and professional goals with the YAC Worker and develop a volunteer plan which lays out their key roles. Volunteers will not be expected to take on any role which they feel uncomfortable with. The YAC Worker will have regular support and supervision sessions with volunteers and offer additional support as required.

Team working is essential and mutual respect is expected between paid staff, carers and volunteers. If any issues arise with the YAC Worker, volunteers can take their concerns to the Carers Hub Manager.

Volunteers would not be expected to pay for any outings or activities or be out of pocket. Should expenses be incurred while helping in the service, volunteers will be reimbursed by completing a monthly expenses sheet.

Recognition:

The Carers Hub recognises that volunteers bring invaluable experience to the service. We will aim to facilitate ongoing personal and professional development through support, supervision and training. It is important to us that you feel part of the overall Carers Hub team. We support volunteers aged up to 25 to register for Saltire Awards.

Other:

PKAVS requires volunteers to be members of PVG scheme and to provide 2 satisfactory references before taking up their role.

Contact:

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