

# Respite Centre Assistant (Perth)

## About Opportunity

This is your opportunity to improve the lives of those within our community while enjoying yourself at the same time. We have a variety of different clients with a variety of different needs and as a care assistant your role would be to work as part of the team and support people to stay safe, have an enjoyable experience and for them to remain as independent as possible. During a typical day you would be expected to chat with clients, support mobility, encourage participation in activities and help out at meal times. You will have the opportunity to take part in any training that will enhance your ability to carry out this role.

## When you can do this

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Morning	♥	♥	♥	♥	♥		
Afternoon	♥	♥	♥	♥	♥		
Evening							

## About PKAVS Day Respite Centre

We provide a high standard of care and offer appropriate levels of support for Carers in Perth and Kinross. Giving carers respite we enable those who have a degree of physical and/or mental frailty to remain as independent as possible, to improve their quality of life and to delay possible admission to residential nursing home care.

## Skills & Experience

Good communication skills, friendly approachable attitude, patient and prepared to work as part of a team. Working as part of the team we would encourage our volunteers to share their ideas on where we can improve our service. A degree of flexibility would be needed as we may have different times and days when cover would be required.

## **Travel Details**

We are situated in the heart of Perth city centre, 5 minutes from town centre and the bus station.

## **Work Type**

Care/ Support Worker

## **Accessibility Details**

Wheelchair Access

Disabled Toilet

## **Frequency & Commitment**

No minimum commitment required.

## **Minimum Age**

Volunteers must be at least 18 years of age.

## **Contact**

PKAVS Day Respite Centre

Linda McGougan

01738 567076

[Linda.McGougan@pkavs.org.uk](mailto:Linda.McGougan@pkavs.org.uk)

[www.pkavscarershub.org.uk](http://www.pkavscarershub.org.uk)