

# Activities Volunteer (Perth & Blairgowrie)



## About Opportunity

This is your opportunity to improve the lives of those within our community while enjoying yourself at the same time. We have a variety of different clients with a variety of different needs and as a activities volunteer your role would be to work as part of the team and support people to stay safe, have an enjoyable experience and for them to remain as independent as possible. We are looking for an activities volunteer to inspire and engage our clients to sample the activities such as arts and crafts, games and all ability sports etc. You will build positive relationships with clients and be supportive of them.

## When you can do this

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Morning	♥	♥	♥	♥	♥		
Afternoon	♥	♥	♥	♥	♥		
Evening							

## About PKAVS Day Respite Centre

We provide a high standard of care and offer appropriate levels of support for Carers in Perth and Kinross. Giving carers respite we enable those who have a degree of physical and/or mental frailty to remain as independent as possible, to improve their quality of life and to delay possible admission to residential nursing home care.

## Skills & Experience

Confident to work with a group independently. Encourage others to take part. Confident in leading a group and giving instruction.

## Travel Details

We are situated in the heart of Perth city centre, 5 minutes from town centre and the bus station.

## **Work Type**

Care/ Support Worker

## **Accessibility Details**

Wheelchair Access

Disabled Toilet

## **Frequency & Commitment**

No minimum commitment required.

## **Minimum Age**

Volunteers must be at least 16 years of age.

## **Contact**

PKAVS Day Respite Centre

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