

Tuesday 10th January 2017

Present:

Holly Bryon-Staples (HBS)	PKAVS Third Sector Hub
Bernie Campbell (BC)	Former Unpaid Carer
Christian Campbell (CC)	Former Unpaid Carer
Kerry Donaghy (KD)	PKAVS Carers Hub
Maureen Donnelly (MD)	Unpaid Carer
Raymond Jamieson (RJ)	PKAVS Carers Hub
Maureen Summers (MS)	Unpaid Carer

Apologies:

Lorraine Greig	Unpaid Carer
Claire Thomas	Former Unpaid Carer

1) Welcome and Apologies

Everyone was welcomed and apologies were noted.

2) Agree On Notes From Previous Meeting

- A request from BC to have the wording amended on the third paragraph of page 2 to Action updates:
 - KD advised that she has contacted Rob Packham twice since the last meeting to request the P&K involvement evidence he stated he has regarding the Options Appraisal discussions and that she has received no response.
 - KD advised that she has contacted Jamie Cormack, project manager for Participatory Budgeting. He has advised that he is unsure of whether funding for PB will be available to Perth City in the near future. He also confirmed that the projects that applied for the PB pots of Rattray, Craigie and Crieff did not need to be carried out in these areas but that it needed to be evidenced that it will somehow benefit these areas.

Notes agreed and added to PKAVS Carers Hub website for viewing
<http://www.pkavscarershub.org.uk/Have-your-say>

3) Integrated Joint Board

MS advised that she and BC had a meeting with Rob Packham (Chair of IJB) and Helen MacKinnon to discuss their concerns and their requests to be more involved in discussions and decision making on the IJB board. They are currently waiting to hear the outcome, and are hopeful they should have an update before the next IJB meeting in February. MS advised that one of the suggestions was for the reps to be involved in the agenda committee meetings in future so they are able to request agenda items to be discussed. MS advised that she has

received advice from MSP Jamie Hepburn regarding carer reps not having voting rights – he has advised to put a case forward to encourage change, however HBS advised that as it is set in law that the statutory organisations are only allowed to place a vote that a request for this to change would probably be declined.

BC advised that they have completed an IJB enquiry template regarding Joan McEwen’s work on the Whitefriars GP “carer friendly” model with the suggestion to encourage all GPs to carry out the same processes. BC expects this to be discussed at the next IJB meeting in February, with some suggested actions to move forward and will keep the group updated on this.

4) Options Appraisal Update (Re-design of mental health services)

MS advised that an update on the Options Appraisal will be held on Tuesday 17th January 2017 from 11am-12.30pm at the AK Bell Library, York Place, Perth. Everyone is welcome to attend if they are interested. A press conference has been arranged after the event in a bid to highlight these changes to the public, as it seems to not be made well known. There has been no decision on the preferred option as yet.

5) Future funding for Carers Voice

HBS joined the meeting today to advise on funding options for the group. As Carers Voice are no longer constituted and are back under the PKAVS badge, access to funds may be more challenging due to the criteria on funding including income maximums, and that other departments of PKAVS may already have capitalised on funding pots that Carers Voice wish to access. HBS has done some research for the group and found the following potential funders (KD will need to authorise with RJ first before applying):

These are the ones that are administered by solicitors, which will only require a phone call or letter to request access. These trusts are less known, and therefore there may be less competition:

Inchrye Trust, Raida Trust, A E H Salvesen's 1985 Charitable Trust, Mainhouse Charitable Trust and A E B Charitable Trust

These are fairly standard grant funders which seem to fit the outcomes of Carers Voice. They each have a specific application processes so will be a bit more time consuming, and Carers Voice will need to have an idea of what exactly we want the money for:

The Rayne Foundation, Greggs Community Fund, Robertson Trust, Big Lottery – Awards for All, Porticus and The Discover Foundation.

The group present agreed that they would like to apply for money for the following: meeting refreshment costs, training charges, travel costs and promotional materials.

BC expressed that the recent PB funding pots caused confusion and issues as to who could apply due to a lack of information and awareness to the general public (and to those who have

previously applied to the pot), as well as issues around pre-voting and questions around the deprivation of particular areas focussed on. HBS advised that Carers Voice's concerns have been echoed by many others experience of the latest PB venture.

Actions:

- RJ to approach council on option to have Carer Voice monies allocated from PB last year to be moved forward into 2017 budget
- KD to look at applying for funding for the group if RJ's request is denied.
- KD to provide Jamie Cormack's details to BC
- BC to contact Jamie Cormack to request a list of successful projects, as well as clarifying criteria for funding and feed back to the group

6) PB Monies review

TOTAL REMAINING: £626.81

The remaining funds are to be spent by the 11th of March 2017.

Actions:

- Carers Voice members to keep any receipts and claim any travel/accommodation expenses they incur for attending meetings, events etc. associated with Carers Voice (a copy of the expense form to fill out has been attached to these notes)

7) List of meetings/events members have participated in

- Carers Strategy Group meeting
- Meeting with IJB leads to discuss challenges met by IJB reps
- Public Partners representative is the Audit & Commissioning Group.
- NHS Tayside Board meeting
- Time for Me Panel at PKAVS
- Pharmacy Group meeting
- Optimising NHS services for those with multiple medications
- Mental Health Option Appraisal
- Shaping surgical services focus group
- Option Appraisal event for Mental Health services
- Debrief for above meeting with IJB reps
- Meeting with Rob Packham re IJB role

8) Any Other Competent Business

- MS advised that she can no longer come along to the HeartStart training on 31st January to do a short talk to the participants at the beginning about Carers Voices' purpose. If anyone can cover for MS, please contact KD.
- RJ advised that Paul Henderson is the interim Carers Lead in PKC due to Karyn Sharp being on long term sick leave. He advised that PKC and PKAVS are currently experiencing a high increase in referrals for carers support plans and they are working together to resolve the problem. BC suggested that Carers Voice can be highlighted as a group that the carers can come along to while they wait on their support plans being completed. RJ advised he will suggest this in future discussions with PKC.
- RJ advised that the Respite Development worker's post has been re-advertised due to the person offered the post turning it down. RJ is confident of more respite opportunities being on offer next year.
- The next Time4Me application panel will be Tuesday 7th February 10am-12pm at the Gateway, Perth. RJ welcomes all Carers Voice members to join in the discussions.
- Discussions were held around how to promote the group further and encourage more input from carers. Ideas included regular mention of Carers Voice in PKAVS Carers Hub Newsletter, KD sending an email around carers and professionals advising of options for carers to Skype if rural or send their views anonymously if they prefer. Another idea was to have an "Open Day" hosted by Carers Voice where other agencies are involved, and all the relevant information is given to carers about what support they can access (especially those newly identified carers who are still waiting on a support plan). The group agreed to monies from Carers Voice funds to be used to support this, and to have it possibly rolled out into locality areas. RJ will bring this idea to his next meeting with the relevant agencies next week and keep the group updated. How to promote in locality areas was also discussed, and it was agreed that this will be added to the next meeting's agenda so the group can do a "mapping exercise" of where to target.
- BC advised that she will share the report created by Coalition of Carers about the success of IJB for Carers Reps in Scotland with the group – she is hoping to receive this at the next Coalition of Carers meeting on 31st January.
- KD advised that she will arrange "Making A Case For Change" training for all carers to access in the near future.

2017 Dates for Carers' Voice Meetings

All meetings held on Tuesdays from 11am-1pm at The Gateway, North Methven Street, Perth on the following dates:

21st February

4th April

16th May

27th June

8th August

19th September

31st October

12th December